

Northview High School CLAY COUNTY SECONDARY BRKFST OCT BREAKFAST 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	Oct - 1 BISCUITS AND GRAVY FRESH FRUIT JUICE Milk variety 1%	Oct - 2 DUTCH WAFFLE YOGURT, STWBRY FRESH FRUIT JUICE Milk variety 1%	Oct - 3 FRENCH TOAST STICKS SAUSAGE PATTY FRESH FRUIT JUICE Milk variety 1%	Oct - 4 EGG OMELET BACON BAGEL FRESH FRUIT JUICE Milk variety 1%
Oct - 7 BREAKFAST BURRITO FRESH FRUIT JUICE Milk variety 1%	Oct - 8 CINNAMON ROLLS BACON FRESH FRUIT JUICE Milk variety 1%	Oct - 9 BREAKFAST SANDWICH FRESH FRUIT JUICE Milk variety 1%	Oct - 10 PANCAKES & SYRUP SAUSAGE PATTY FRESH FRUIT JUICE Milk variety 1%	Oct - 11 NO SCHOOL TODAY
Oct - 14 NO SCHOOL TODAY	Oct - 15 NO SCHOOL TODAY	Oct - 16 NO SCHOOL TODAY	Oct - 17 NO SCHOOL TODAY	Oct - 18 NO SCHOOL TODAY
Oct - 21 CHOC or POWDER MINI DONUTS Milk variety 1% FRESH FRUIT JUICE	Oct - 22 BISCUITS AND GRAVY FRESH FRUIT JUICE Milk variety 1%	Oct - 23 DUTCH WAFFLE YOGURT, STWBRY FRESH FRUIT JUICE Milk variety 1%	Oct - 24 FRENCH TOAST STICKS SAUSAGE LINKS FRESH FRUIT JUICE Milk variety 1%	Oct - 25 BREAKFAST PIZZA FRESH FRUIT JUICE Milk variety 1%
Oct - 28 BREAKFAST BURRITO FRESH FRUIT JUICE Milk variety 1%	Oct - 29 CINNAMON ROLLS BACON FRESH FRUIT JUICE Milk variety 1%	Oct - 30 BREAKFAST SANDWICH FRESH FRUIT JUICE Milk variety 1%	Oct - 31 PANCAKES & SYRUP SAUSAGE LINKS FRESH FRUIT JUICE Milk variety 1%	

ALL MENUS SUBJECT TO CHANGE WITHOUT NOTICE!!!!

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	487	450-600	100%	Protein	11.73 g	9.64%	
Sodium	460 mg	640		Carbohyd	83.90 g	68.96%	
Fiber	6.47 g			Tot. Fat	12.08 g	22.33%	<=30.0%
Calcium	182.78 mg			Sat. Fat	4.60 g	8.51%	<10.00%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.